



## About Clovis Unified

Clovis Unified School District (CUSD) provides programs designed for students requiring **specialized education** for **behavior and academic needs** related to Autism or mental health related needs. The specialized intervention classroom for mental health needs is designed with academic instruction and the educationally related mental health supports outlined in the student's individualized education plan.



## Challenges

Prior to Ukeru training, Clovis was seeing an increase in the number of restraints used by staff when presented with challenging behaviors. **They had a high turn-over rate of staff and a high number of staff injuries.**

*"We have found the climate of our classrooms have improved overall and have become more supportive and positive. We have utilized a safe space where students can de-escalate in order to preserve their dignity."*

**DANIELLE HESTER**  
*Program Specialist,  
Clovis Unified School  
District*

## Working with Ukeru

The first year, they initially participated in six train-the-trainer events with Ukeru and then continued to re-certify people each year by holding new training sessions when new staff were hired. **Ukeru has now been working with Clovis for four years and have trained over 40 staff members!**

They are about to have four additional staff Ukeru trainers, which will allow them to expand the implementation into their Autism classrooms.

## Results

- From 2017-2018 to 2018-2019, CUSD **reduced restraints by 52%**.
- From 2017-2018 to 2018-2019 CUSD increased the **number of classes using the Ukeru method from 5 to 12**.
- The next year, restraints stayed almost the same and the **numbers of classes using Ukeru increased** by one classroom.
- By year three, CUSD had **reduced restraints by 96% with no seclusions**.
- Several parents have **expressed gratitude for a technique other than restraint**.

*“Staff feel like Ukeru is very helpful overall and are more confident when working with the students.”*

**DANIELLE HESTER**  
Program Specialist,  
Clovis Unified School  
District

**96%**

Restraint  
Reduction



More and more  
classes are using  
Ukeru



Positive  
feedback from  
parents