



About Penncrest School System

Penncrest public school system covers approximately four hundred square miles of rural Pennsylvania. The name PENNCREST was created by combining the first letter of several of the municipalities involved; Cambridge Springs, Randolph, East Meade, Saegertown and Townville. Despite being one of the **largest school districts in Pennsylvania** in terms of square mileage, their student population is relatively small at 2756 students.



PENNCREST
EMPOWERING LIFE-LONG LEARNERS

Working with Ukeru

After hearing about the success neighboring school district Millcreek had with Ukeru, Penncrest came to Ukeru looking to train their staff at three elementary schools, three middle schools, and three high schools in hopes of **reducing their restraint and seclusion numbers.**

Since 2016, Ukeru has trained over 67 Penncrest staff and continues to host three trainings a year to ensure everyone stays certified.

“Staff are very appreciative for learning more about trauma and the impact it has on students.”

– PENNCREST
SCHOOL DISTRICT
UKERU TEAM

Results

Penncrest has seen a major cultural shift!
These numbers are extraordinary:

- Reduced restraint by **95%**
- Reduced seclusion by **95%**
- Reduced staff injury by **100%**

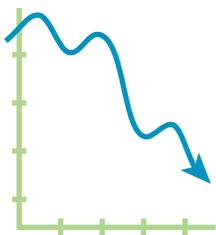
Not only do staff and students welcome the Ukeru philosophy, many Penncrest **parents are appreciative and interested in learning more about Ukeru for home use.** Penncrest plans to continue to train any necessary staff and parents in the future in order to continue this cultural shift.

“Ukeru has prevented us from restraining our students and doing more harm than good.”

– PENNCREST
SCHOOL DISTRICT
UKERU TEAM

95%

Restraint
reduction



Reduced
seclusions by
95%



Completely
eliminated
staff injuries